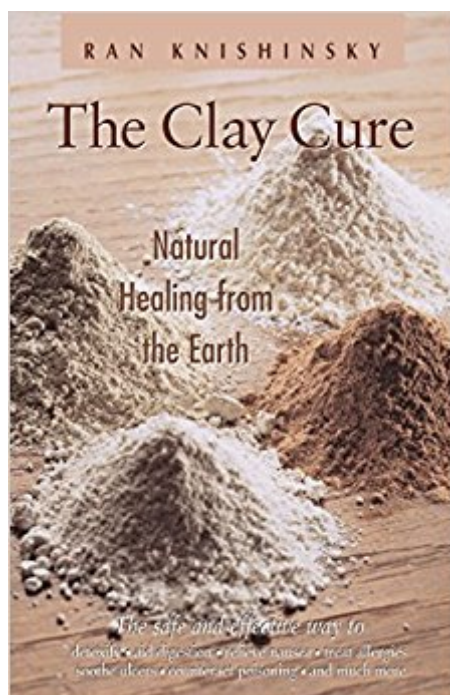


The book was found

# The Clay Cure : Natural Healing From The Earth



## Synopsis

Complete information on this natural and gentle dietary supplement that is effective in treating a wide range of illnesses. Contains complete, up-to-date information on choosing the appropriate clay and how to use it for specific ailments. Discusses the science and history of clay ingestion and its nutritional value. Resource section includes information on where to buy clay supplements and health products. An exceptional source of minerals, clay has been ingested as a nutritional supplement and detoxifier throughout the world for thousands of years. This book reveals the benefits of that ancient wisdom and the use of clay powders, capsules, or liquid gels to address numerous problems. Naturally absorbent and extremely gentle on the system, clay can treat ailments affecting digestion, circulation, menstruation, and the liver, skin, and prostate. Clay also remedies symptoms of arthritis, chronic fatigue syndrome, gum diseases, and migraines. The Clay Cure contains complete and up-to-date information on choosing the appropriate type and form of clay, how and when to take it for your specific complaint, the science and history of ingesting clay, and the value of minerals contained in the many varieties of clay.

## Book Information

Paperback: 112 pages

Publisher: Healing Arts Press (April 1, 1998)

Language: English

ISBN-10: 0892817755

ISBN-13: 978-0892817757

Product Dimensions: 5 x 0.3 x 7.8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 87 customer reviews

Best Sellers Rank: #203,019 in Books (See Top 100 in Books) #75 in [Books > Health, Fitness & Dieting > Alternative Medicine > Homeopathy](#) #184 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#) #752 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#)

## Customer Reviews

HEALTH An exceptional source of minerals, clay has been ingested as a nutritional supplement and detoxifier throughout the world for thousands of years. The Clay Cure reveals the benefits of trusting that ancient wisdom and using clay powders, capsules, or liquid gels. Naturally absorbent and extremely gentle on the system, clay can treat ailments affecting digestion, circulation,

menstruation, and the liver, skin, and prostate. Clay also remedies symptoms of arthritis, chronic fatigue syndrome, gum diseases, and migraines. The Clay Cure contains complete and up-to-date information on choosing the appropriate type and form of clay, how and when to take it for your specific complaint, the science and history of clay eating, and the value of minerals contained in the many varieties of clay. RAN KNISHINSKY has been eating clay for more than seven years. He is a writer and the owner of Health Wise, a homeopathic dispensary and health food store in Phoenix, Arizona.

Ran Knishinsky has been taking clay supplements for more than seven years. He is a professional health researcher and writer and the founder of NutraConsulting, a consulting firm to the natural products industry. He is the author of Prickly Pear Cactus Medicine and The Prozac Alternative.

Information book this is a useful tool along with the clay you choose to drink or apply externally. REALLY GOOD! Someone I know is having back pain and I gave this book to that person to find out how clay works to heal pain. I would definitely order this book again!

Loved this book! It's a small read really (at least for me) but this is a nice introduction to whoever is wanting to dive into the edible clay world. If you are looking for something more of external clay use then this may not be your book, though Ran Knishinsky goes over it but very briefly. He even recommends to purchase The Healing Power Of Clay: The Natural Remedy by Michel Abehsera if that is what you're looking for. The only thing that I would have really liked more is having the resource guide updated but overall this book has been an eye-opener!

Love the information in this book; it makes so much sense!. And it seems to work. Having been sick (chest cold) haven't been able to fully follow the regime because the clay would negate the effects of my medication. Hope to follow the plan as soon as I'm done with meds.

This book is about the history of mud. It is somewhat interesting, but most of the information you can find on the internet. I was purchasing it so that I can get recipes but it doesn't have it. And even says in the book that they don't have recipes.

Really great and detailed read...inspired me to get clay soap and use it on my body. I won't be ingesting it because I am on a lot of good supplements already but this is a great read and really

affirms that we need minerals and clay is an excellent source.

Awesome book, small but packed full of reasons to use Redmond Clay Powder. Great little book, very informative!

Reading this book gave me the information I needed to launch a protocol to heal my bowel and body! worth every penny.

Did this cleanse and worked pretty well! Lost weight even!! Worth the read!

[Download to continue reading...](#)

Polymer Clay: The Ultimate Beginners Guide to Creating Animals in 30 Minutes or Less! (Polymer Clay - Polymer Clay for Beginners - Clay - Polymer Clay Animals - Polymer Clay Jewelry - Sculpture) Clay Modelling for Beginners: An Essential Guide to Getting Started in the Art of Sculpting Clay ~ ( Clay Modelling | Clay Modeling | Clay Art ) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Natural Healing and Remedies Cyclopedia: Complete solution with herbal medicine, Essential oils natural remedies and natural cure to various illness. (The answer to prayer for healing) The Clay Cure : Natural Healing from the Earth The Herpes Cure: Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book, herpes cure, cure herpes Cute Polymer Clay Popsicles & Ice Cream: Polymer Clay Kawaii Food Charms (Polymer Clay Kawaii Charms Book 1) Top 10 Reasons Why Air Dry Clay is Better Than Polymer Clay: Why you should give no-bake clay a try! Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO

SURGERY OR DRUGS ... Pressure Cure, The End Of Heart Disease) Hepatitis C Symptoms, Treatment and Cure: Survivor's true story of 12 week treatment and cure (Hepatitis C Symptoms Treatment and Cure Series) The Herpes Cure: Obliterate the World's Most Annoying and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and Wellness ... Herpes Prevention, Herpes Cure) Book 1) Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure Herpes Forever (Herpes Cure, Herpes Treatment) Eczema Cure: The Most Effective Solution To Cure Eczema Fast: A Guide To Eczema Treatment, Eczema Cure And Eczema Remedies For Perfect Clear Skin (Eczema, ... Psoriasis, Rosacea, Seborrheic Dermatitis) DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar: How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural Remedies - Natural Diabetes Remedies) Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)